

CATHOLIC SOCIAL SERVICES

**RESOURCE
GUIDE**



RESOURCE GUIDE

COMMUNITY RESOURCES CONTENTS

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SECTION 1

COVID Testing & Vaccine Information

AGENCY

Vaccine Provider Location Search

CONTACT

To search COVID-19 Vaccine administrations by county please see:
<https://vaccine.coronavirus.ohio.gov/>

DETAILS

Please visit the COVID-19 Vaccination Program webpage for more information on Ohio's vaccine distribution.

COVID-19 Call Center

The ODH coronavirus disease 2019 call center can be reached at **1-833-4-ASK-ODH (1-833-427-5634)**. ODH staffers operate the center **seven days a week from 9am to 8pm daily, including weekends**

If you have questions about how to protect yourself and prepare for COVID-19 in your community, the Ohio Department of Health (ODH) can provide answers.

Call center staff includes licensed nurses and infectious disease experts. They are available to answer questions and provide accurate information about COVID-19, the risk to the public, and the state's response.

He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness.

– 2 Corinthians 9:10-11



SECTION 2

Catholic Diocese Columbus

AGENCY

Senior Companion Services

CONTACT

For more information on how you can become a Senior Companion contact **Tony Parks, Senior Companion Director at (614) 857-1211**

DETAILS

Catholic Social Services offers an opportunity for active low income senior volunteers to get involved:

Through the Senior Companion Program, a low-income senior can volunteer to visit a few seniors for 20+ hours a week. Companion Volunteers enjoy the comradery of fellowship with other companions at monthly in-services and receive a stipend and expense reimbursement in some counties.

Our Licensed Social Workers provide a helping hand to older adults and their families to alleviate concerns and assist with tasks seniors need to stay independent. We can help the senior manage their benefits, like Medicare or Medicaid, link to transportation services, schedule medical appointments, help manage finances or locate appropriate housing. We provide the extra help seniors need when new challenges are too much, so they are able to stay in their homes with confidence.

Transportation Services

For more information, please call **(740) 345-0353**

Catholic Social Services helps senior citizens and veterans in Licking County maintain their independence by providing free transportation to non-emergency medical appointments. Whether it is a chemotherapy appointment or an annual physical, many of our elderly neighbors struggle to get to their routine medical appointments without a ride. Having safe transportation available makes it possible for seniors to manage their own health effectively, dramatically increasing their quality of life and prolonging the time they can stay in their homes.

Our drivers understand that clients may not feel well, and we are ready to provide door-to-door assistance. Wheelchair accessible vehicles are available.

AGENCY

Money Management

CONTACT

For more information, call **(614) 221-5891**

DETAILS

The Money Management Service is provided by a licensed social worker who is able to assist the senior by preparing a monthly budget, assisting with bill pay and check deposits, making connections with financial and legal resources, and preparing for long term needs.

Payee Services

Call **740-452-5057, ext. 1** or **1-800-536-5057 ext. 1**

What We Offer

- We account for all income and set up an individualized monthly budget.
- We ensure bills are paid on time and that clients don't go into debt they can't handle.
- We help protect our clients from financial exploitation.
- We help build savings for unexpected expenses.
- We ensure that the client's essential living needs (food, housing, utilities, medical care, clothing, etc.) are being met each week.
- We are a phone call away to respond when needed.

The Payee Services Program provides individualized financial management to disabled individuals and seniors who are unable to manage their own financial affairs so they can live independently and gain financial self-sufficiency.

Access Our Services

To initiate our Payee Services, CSS must first receive a referral from the individual or a social service organization in the community.

Once the Social Security Administration officially delegates us as the your payee, we will contact you to formulate a workable budget for your specific financial situation.

We can also manage other forms of income such as pensions, paychecks, and settlement funds.

Service Coordination

If you or a loved one is currently living in a Seton Square apartment and needs more information, please contact, **Angela Stoller-Zervas at 614-857-1249 or astoller-zervas@colscss.org**

Our service coordinators help low-income seniors live independently and remain in their homes by linking them with needed resources. CSS has placed a service coordinator at each of the 14 diocesan-owned Seton Square Senior affordable housing communities where they assist when seniors are confronted by new challenges such as medical or health issues, tax laws or benefits, or technological hurdles beyond their skill level. This intervention increases seniors' quality of life and allows them to continue living in their homes with confidence.

Foster Grandparent Program

For more information on how you can become a Foster Grandparent contact **Tameko Martin, Foster Grandparent Program Director at (614) 857-1246**

Catholic Social Services offers an opportunity for active low income senior volunteers to get involved: **Through the Foster Grandparent Program, a low-income senior can volunteer to work with students in pre-K through 5th grade 20+ hours a week.** Foster Grandparent Volunteers enjoy providing tutoring and mentorship to students in Head Start Programs and Columbus City Schools. Volunteers are provided training at monthly in-services and receive a stipend and expense reimbursement.

AGENCY

Our Lady Of Guadalupe Center

CONTACT

Food pantry appointments can be made by calling **HandsOn Central Ohio at (614) 341-2282**. For all other information, call **(614) 340-7061**

DETAILS

Through the Our Lady of Guadalupe Center, CSS works to reduce poverty by addressing its root causes within the immigrant Hispanic community concentrated on the west side of Columbus — a population that is growing and experiences disproportionate poverty.

At the Center, we provide services including a food pantry, English as a Second Language (ESL) classes, nutrition classes, preventative health screenings, legal and immigration consultations and referrals, and comprehensive case management. In 2018, we provided 100,305 meals at OLGC, and served 3,248 unduplicated clients.

St. Francis Center

For more information, please call **Donna Montavon at (740) 353-3185** or **dmontavon@colscss.org**

What We Offer

- Family strengthening classes and group therapy
- Emergency assistance
- Food pantry

Soup Kitchen: Open Wednesday, 11:30am-1:00pm

Clothing Assistance: Open Friday & Saturday, 9:00am-12:00pm

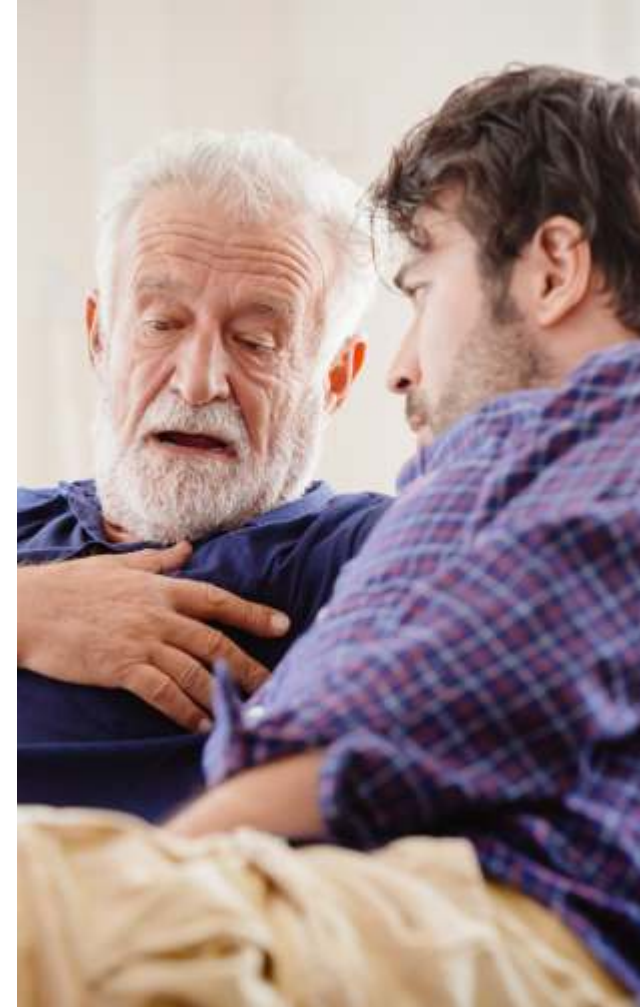
The St. Francis Center serves Scioto County as a one-stop community center providing families access to a wide variety of services from Catholic Social Services and its key partners. The community has the heart and hope for a brighter future, and the St. Francis Center is in the middle of it, providing emergency assistance for today and inspiration for tomorrow.

Stay the Course

For more information, please call **Michelle Van Dyke at (614) 400-0024** or **mvandyke@colscss.org**

At Catholic Social Services, we strive to help families navigate permanent paths out of poverty, staying with them for as long as it takes to get there. After seeing the incredible, evidence-based results of Catholic Charities Fort Worth's Stay the Course® case management program, we applied to bring it to central Ohio.

We were one of three agencies nationally to win \$1.2 million to replicate Stay the Course®. In pilot locations, students who receive Stay the Course® services increase their success of graduating at a rate four times higher than those who don't receive services.



SECTION 3

Benefits & Unemployment

AGENCY
Office of Unemployment Insurance Operations

CONTACT
<http://jfs.ohio.gov/ouio/CoronavirusAndUI.stm>
1-877-644-6562
 File Online at <http://unemployment.ohio.gov>
 24 hours/day, 7 days/week

DETAILS
 Coronavirus and Unemployment Insurance Benefits. Service may be limited during nightly system updating.

Ohio Department of Job & Family Services

ODJFS Customer Access Center: 1-844-640-OHIO (6446)
Franklin County Fax: 614-233-2398
Franklin County LTC/Waiver: 614-233-2998

The Customer Access Center (CAC) provides customers access to information on general services and specific benefits by calling 1-844-640-OHIO (6446). If you have inquiries concerning your Child Care, Medicaid, Food Assistance or general status information, our Customer Access Center will be able to assist you. Utilizing the CAC to access to this information can limit your need for face-to-face interaction while addressing your inquiries in a timely manner.

- Option 2 – Medicaid, Food or Cash Assistance benefits
- Option 3 – Ohio Benefits website
- Option 4 – Managed Care Plans or questions about Medicaid Covered Service
- Option 5 – EBT or EPPIC Cards

The CAC is open Monday through Friday from 8 a.m. to 4 p.m. (except County holidays).

Franklin County Job and Family Services- Locations

1721 Northland Park Ave. Columbus, OH 43229 (COTA #8 or #34)
 1055 Mt. Vernon Ave. Columbus, OH 43203 (COTA #7 or #22)
 314 North Wilson Rd. Columbus, OH 43204 (COTA #10)

Opportunity Centers are only open to the public Monday through Friday from 8am to 12pm.

Ohio Means Jobs

1111 East Broad Street, Suite 201 Columbus, OH 43205
1-877-644-6562

All Services and Programs at OhioMeansJobs Columbus-Franklin County are Free of Charge.

We work with thousands of people annually, serving Franklin County and surrounding counties in the Central Ohio region. Our Job Center is staffed by experienced professionals who care deeply about the people and communities in which they live and serve.

AGENCY
Goodwill Columbus

CONTACT
 1331 Edgehill Rd. Columbus, OH 43212
(614) 294-5181

DETAILS
 We currently provide person-centered, credentialed training programs for careers in industries such as hospitality & lodging, information technology and health care - to name a few. Also in 2015, Goodwill successfully launched Creative Employment Solutions (CES), which bridges the gap between day programs and workforce development, providing specialized job services for individuals with developmental disabilities.

Community Refugee and Immigration Services (CRIS)

1925 E. Dublin Granville Rd. Suite 102 Columbus, OH 43229
(614) 235-5747

Community Refugee & Immigration Services (CRIS) is an independent non-profit organization that serves the refugee and immigrant populations in Central Ohio.

Ethiopian Tewahedo Social Services (ETSS)

1060 Mount Vernon Ave. Columbus, OH 43203
(614) 252-5362

Job skills training classes help refugees learn how to find and keep a job in the US. These classes are offered in conjunction with ESOL classes to enhance learning including computer training, a work experience program and specific skills training.

IMPACT: Community Action Employment + Plus Program

711 Southwood Ave. Columbus, OH 43207
(614) 252-2799

Provides income-based case management services, emergency assistance services, financial services, computer literacy and workforce development programs. Most of the programs are for Franklin County residents living at or below 125% of the Federal Poverty Level.



SECTION 4 Children & Childcare

Behold, children are a gift of the Lord. The fruit of the womb is a reward. Like arrows in the hand of a warrior, so are the children of one's youth. How blessed is the man whose quiver is full of them; They will not be ashamed when they speak with their enemies in the gate.

– Psalm 127: 3-5

AGENCY

Franklin County Job & Family Services

CONTACT

Fax: (614) 233-2749
Email: <https://jfs.franklincountyohio.gov/how-to-apply-for-child-care>

DETAILS

Subsidized child care program for low income parents.

Helps eligible families pay for Publicly Funded Child Care Program, recommends licensure for and monitors Type B Home Child Care providers, and certifies In-Home Aides.

See how to apply through FCJFS link

CAP4Kids

<https://cap4kids.org/columbus/>

See website for details about free discounted after-school programs, camps and childcare.

Action for Children

78 Jefferson Avenue
Columbus Ohio 43215
(614) 224-0222

Action for Children is the local child care resource and referral agency for Central Ohio; serving Columbus and Franklin County, as well as Delaware, Fairfield, Licking, Madison, Pickaway, and Union Counties.

Neighborhood Bridges

200 East Wilson Bridge Rd
Worthington, OH 43085
(614) 315-9019

A charitable organization that helps match families in need with local businesses, volunteers and service organizations that offer resources such as food, volunteering, clothing, supplies and more.

AGENCY

**Child Care
Access Means
Parents in
School (CCAMPIS)
Program**

CONTACT

84 North 17th St.
Columbus, OH 43203
(614) 292-8936

DETAILS

CCAMPIS program authorized by the Higher Education Act and administered by the U.S. Department of Education, supports the participation of low-income parents in college through the provision of childcare services for children 6 weeks to 12 years old. Along with childcare they are provided with priority scheduling, mentoring/coaching and referrals to connect you and your family to university and community resources and services.

**Head Start
Programs
(29 area
learning centers)
Mattie B. James
Center**

999 Crupper Ave
Columbus, OH 43229
(614) 431-2186

The Child Development Council of Franklin County (CDCFC) is the premier provider of comprehensive educational opportunities for children and families. Focusing on reducing the effects of generational poverty, CDCFC serves as an advocate for low-income families by elevating the experiences and voices of the most vulnerable. In celebration of cultural and linguistic differences, CDCFC prepares and equips children and families to be successful in learning and life.



SECTION 5

Clothing Resources

AGENCY	CONTACT	DETAILS
Common Ground Free Store (CGFS)	193 East Central Ave. Delaware, OH 43015 425 South Sandusky St. Suite 3 Delaware, OH 43015 (740) 369-3733	Offers free clothing, shoes, diapers, household items, books, toys, meals and more. There are no income requirements.
Clintonville-Beechwood Community Resource Center	14 West Lakeview Ave. Columbus, OH 43202 (614) 268-8118	Parent can get work attire and students can get free school supplies. Shoes, winter coats and medical supplies for the disabled or elderly in Franklin County.
Joseph's Coat of Central Ohio	240 Outerbelt St. Suite 5 Columbus, OH 43213 (614) 863-1371 www.josephs-coat.org	Offers free clothing, personal care items, household goods, and furniture for individuals and families struggling with material poverty trying to reach sustainability. Note that when picking up furniture or delivering donations, the entrance is off Broughton Avenue to Loading Dock 6 in the rear.
Imani Christian Church	286 Belvidere Ave. Columbus, OH 43223 (614) 373-6918	Offers school uniforms, clothing, household goods and more.
Inner City Ministries	846 Sullivant Ave. Columbus, OH 43223 (614) 469-7920	Offers clothing and other items for low income individuals and those on section 8 housing.
Mt. Olivet Baptist Church Soup Kitchen	428 East Main St. Columbus, OH 43215 (614) 221-3446	Please call for an appointment.
New Life United Methodist Church	25 West Fifth Ave. Columbus, OH 43201 (614) 294-0134	Free gently used coats, clothing and household linens. Call for hours.

AGENCY	CONTACT	DETAILS
Salvation Army Central Ohio	2300 West Mound St., Columbus, OH 43204 (614) 274-7600 88 Parsons Ave., Columbus, OH 43206 (614) 449-8066 966 Main St. Columbus, OH 43204 (614) 253-6811	Provides material assistance for basic needs. Other items from Thrift Store and Christmas Program.
Second Baptist Church	25 West Fifth Ave. Columbus, OH 43201 (614) 294-0134	Offers free clothing. Meals, blankets, and other goods are provided as well.
Central Ohio Restored Citizens' Collaborative	315 Cleveland Ave. Columbus, OH 43215 (614) 733-4348	Offering Hygiene kits and basic clothing by appointment.
Charity Newsies	4300 Indianola Ave. Columbus, OH 43214 (614) 263-4300 www.charitynewsies.org	Provides new clothing for school children of all ages in Franklin County free of charge. They can also provide shoes, winter coats and vouchers for school uniforms.
Coats 4 Children	(614) 559-7325 www.coats4children.org	Donates coats through schools, organizations and places of worship. Contact for more information to receive or donate coats.
Purple Door Church – Purple Door Free Store	2684 Columbus St. Grove City, OH 43123 (614) 313-4666 purpledoorchurch.com/serve/serve-cbus facebook.com/Moses1953	A faith-based organization that provides free new and gently used clothing (including coats and shoes) and basic living essentials (including books) for children living in the community zip codes of 43123, 43116, 43146, 43119, 43204, 43228, and 43223.
United Methodist Free Store	946 Parsons Ave. Columbus, OH 43206 (614) 443-1713	The United Methodist Free Store provides gently used clothing and household items to individuals and families in a hospitable atmosphere that affirms the self-worth of each individual.

AGENCY

**Westside
Free Store
Ministries**

CONTACT

61 South Powell Ave.
Columbus, OH 43204
(614) 351-5480

DETAILS

Clothing and small household items are donated for those in need to shop for free. All are welcome here at Westside Free Store. There are no income or residency requirements. The Free Store's shoppers include men, women, and children who call Central Ohio home.

**Dress for
Success
(Women)**

1260 N. High St.
Columbus, OH 43201
(614) 291-5420

We want you to feel your best while job searching and in the first few weeks of employment. Once you've scheduled an interview, obtain a referral to visit your local Dress for Success boutique. Our volunteers will work with you to help you choose an interview outfit and will also provide guidance and support for the upcoming interview.

**My Brother's
Closet (Men)**

Columbus Urban League
788 Mt. Vernon Ave.
Columbus OH 43203
(614) 257-6300 ext. 322

Target ex-offenders with incomes at or below 200% of poverty who are enrolled in a workforce initiative. Schedule eligible men for a "free suiting" where a mentor/coach helps them create a professional appearance for job interviews and serve as a mentor and coach.

**I delight greatly in the Lord;
my soul rejoices in my God.
For he has clothed me
with garments of salvation
and arrayed me in a robe
of his righteousness,
as a bridegroom adorns
his head like a priest,
and as a bride adorns
herself with her jewels.**

– Isaiah 61:10



SECTION 6

Counseling Resources

AGENCY	CONTACT	DETAILS
Suicide Prevention Lifeline	1-800-273-TALK(8255)	The Lifeline is FREE, confidential, and always available. HELP a loved one, friend, or yourself deal with trauma.
St. Vincent Family Center	1490 E Main St. Columbus, OH 43205 (614) 252-0731	Offers behavioral services to children ages preschool through high-school. Must live in the Franklin County. Services offered: Prep Academy (Preschool and School Age) Program, Prevention, Outpatient Family Services, Community Family Intervention, and Intensive Family Stabilization Services, Residential, and Foster Care.
Healing Hearts Counseling Center	6434 E Main St. Suite 201 Reynoldsburg, OH 43068 (614) 762-2847	Offers psychological counseling in Mental Health, Addiction, Trauma & Wellness, and Medication Assisted Treatment. Los servicios también están disponibles en español. Call or visit website for more information. There are also two locations in Mansfield, OH.
Vineyard Community Center	6000 Cooper Rd. Westerville, OH 43081 (614) 890-0000	Our counselors are available for in-person or Telehealth sessions. Clients who choose to meet with counselors in the office will be asked to sign an informed consent document before the first in-person appointment and to wear masks at all times while in the building if not fully vaccinated.
Mental Health America of Ohio -Pro Bono Counseling Program	If you have a referral question, a client to refer, or a unique partnership to offer, contact: Sheronda Palmore (614) 884-7227 spalmore@mhaohio.org	The Pro Bono Counseling Program links volunteer mental health professionals with those who need but cannot afford mental health counseling. The program's volunteers are licensed and insured mental health professionals who provide short-term counseling (12 sessions or less) at no cost to the recipient. If you do not qualify for the Pro Bono Counseling Program, our staff will connect you with other community resources. The program is currently available in Franklin, Delaware and Fairfield counties in Ohio.

AGENCY	CONTACT	DETAILS
Southeast, Inc.	16 W. Long St. Columbus, OH 43215 (614) 225-0990	Specialized mental health, physical healthcare and recovery services for adults, children and families with severe and persistent mental illness and primary medical care for people experiencing homelessness; individual, couple and family counseling; outpatient drug and alcohol services.
Syntero Counseling	299 Cramer Creek Ct. Dublin, OH 43017 (614) 889-5722	Individuals may be self-referred or referred by a professional. Group programs are facilitated by licensed professionals and require pre-registration. NOTE: Pre-registration is required for all Support Group Meetings. For more information about our Programs or to register for a Support Group Meeting
Family Focus	1301 N. High St. Columbus, OH 43201 (614) 227-6865	Family Focus provides high quality mental health and substance abuse treatment services to children, adolescents, families, and adults. The goal of the program is to help people resolve problems and improve the quality of their lives.
Youth Advocate Services	825 Grandview Ave. Columbus, OH 43215 (614) 258- 9927	Shelter, respite care and family counseling.



SECTION 7

Emergency Shelter

AGENCY	CONTACT	DETAILS
Faith Mission - Emergency Shelter for Men	599 East 8th Ave. Columbus, OH 43201 (614) 299-3192	Provides shelter for homeless men. Intake is done every day of the week. Support services include case management, meals, showers and on-site medical care provided by volunteer physicians.
LSS Faith Mission	245 North Grant Ave. Columbus, OH 43215 (614) 224-6617	For those seeking shelter in Franklin County, there is a Centralized Point of Access for (single) adults and families. Single adults should call 1-888-474-3587.
Southeast Coast Friends of the Homeless Columbus	16 West Long St. Columbus, OH 43215 (614) 225-0990	Office hours: Monday - Friday 8am-5pm Friends of the Homeless is committed to the leadership in providing innovative, quality programs and housing.
The Homeless Families Foundation	33 North Grubb St. Columbus, OH 43215 (614) 461-9247	If you are currently homeless and seeking shelter, call 1-888-474-3587. Provides individual furnished apartments units for families with minor children up to 3 months.
Open Shelter Inc.	61 East Mound St. Columbus, OH 43215 (614) 461-0407	The Open Shelter is an Advocacy Center & Day Services Shelter for homeless and marginally-housed people in Central Ohio. They provide crucial needs directly to those in crisis.
Volunteers of America Men's Services & Veterans Resource Center	624 Harmon Ave. Columbus, OH 43223 (614) 849-0145	15 emergency shelter beds are also available for eligible veterans.
YMCA Van Buren Center	595 Van Buren Dr. Columbus, OH 43223 (614) 715-2515	Homeless crisis in Franklin County, please call 888-474-3587 for centralized intake 24 hours 7 days a week.

AGENCY	CONTACT	DETAILS
Choice Women's Emergency Shelter	P.O. Box 06157 Columbus, OH 43206 (614) 224-4663	Provides housing for women and children who are victims of domestic violence. Average stay based on safety and individual need. Provides counseling, legal and social service individual need.
Rebecca's Place Women's Homeless Shelter	924 East Main St. Columbus, OH 43205 (888) 474-3587	Homeless assisting diverse population regardless of their economic status. www.shelterlist.com
YMCA Family Center	Single Men: 40 W. Long St. Columbus Oh 43215 Single Women: 65 S. Fourth St. Columbus Oh 43215 Families: 900 Harvey Ct. Columbus Oh 43215	The YMCA Family Center provides emergency shelter and critical services to stabilize homeless families in Central Ohio. MUST CONTACT HANDS ON CENTRAL OHIO @ 211 FOR REFERRAL or 1-888-474-3587 www.ymcacolumbus.org
Coalition on Homelessness and Housing in Ohio	175 S. 3rd St. Suite 580 Columbus, OH 43215 (614) 280-1984	COHHIO provides workshops and covering landlord-tenants law, federal housing law and other housing issues. https://cohhio.org/housing-information
Star House	1220 Corrugated Way Columbus, OH 43201 (COTA #6 & CMAX) (614) 826-5868	Open from 7pm-11am for showers and rest for individuals ages 14-24 years old.
Shelter Hotline	To be placed on the Wait List: (614) 274-7000 For supplies to create a Safe Space: (614) 525-4104	Call the hotline to be placed on waiting list. Call back each day and remind them you are homeless regardless of where you slept.



SECTION 8

Food Resources

AGENCY	CONTACT	DETAILS
Our Lady of Guadalupe Center Catholic Social Services	409 Industry Dr. Columbus, OH 43204 (614) 340-7061	Established to reduce poverty by addressing its root causes within the immigrant hispanic community. Center is located on the west side of Columbus.
Mid-Ohio Market at Columbus State	400 Grove St. Columbus, OH 43215	Mid-Ohio Foodbank works in the community to connect our hungry neighbors with nutritious food, stabilizing families today while helping them access resources for tomorrow so they can thrive for a lifetime.
Broad Street Food Pantry	760 Broad St. Columbus, OH 43205 (614) 221-6552 bspc.org/foodpantry	Provides fresh produce, dairy, protein and shelf stable food (and diapers to children age 0-3 years) once every 30 days to all eligible neighbors. Families who live outside their service area can be served one time with a Temporary Assistance Package of food. Diapers are available to income-eligible families in any zip code during regular pantry hours. They also have free produce giveaways twice a month from May to October, and offers free nutrition education classes.
Children's Hunger Alliance	1105 Schrock Rd. Columbus, OH 43229 (614) 341-7700 childrenshungeralliance.org	Works with schools, community organizations, faith-based groups and child care providers throughout Ohio to increase participation in USDA child nutrition programs.
Community Development for All People (CD4AP) & All People's Fresh Market	946 Parsons Ave. Columbus, OH 43206 (614) 445-7342 4allpeople.org	This faith-based organization provides free produce, clothing and household items to families in need, affordable housing on the South Side of Columbus, youth development, health coaching, low cost bike repairs and more. They also have the All People's Fresh Market, which has free fresh food 5 days a week. Go online to find out more information about different programs.

AGENCY	CONTACT	DETAILS
HandsOn Central Ohio	1105 E. Schrock Rd. Columbus, OH 43229 Food Line: (614) 224-4663 or Text "Food" to (614) 702-7772 handsoncentralohio.org	This comprehensive information and referral service connects those in need with thousands of social service, government and community resources. They help find a solution to any need. Free and confidential, available throughout Franklin County 24 hours a day, 7 days a week.
Ohio United Way 2-1-1 Map	www.unitedway.org/our-impact/featured-programs/2-1-1	A toll-free call to 2-1-1 connects you to a community resource specialist in your area who can put you in touch with local organizations that provide needed services.
Women, Infants & Children (WIC)	246 N. High St. Columbus, OH 43215 City of Columbus WIC: (614) 702-7772 Call (614) 645-7065 for breastfeeding help Nationwide Children's Hospital (NCH) WIC: (614) 722-2685 Call to find WIC clinic in Ohio: (800) 755-4769 odh.ohio.gov/wps/portal/gov/odh/know-our-programs/women-infants-children/resources/	Helps income eligible pregnant and breastfeeding women, women who recently had a baby, infants, and children up to 5 years of age with nutrition education, breastfeeding education and support, formula and food vouchers. They provide a WIC Nutrition (EBT) Card to use at grocery stores. Call or visit the website to find information on the nearest WIC clinic.
Ohio Department of Job & Family Services (ODJFS) Office of Family Assistance	30 E. Broad St. Columbus, OH 43215 (844) 640-6446 Apply online at: odjfsbenefits.ohio.gov	Offers several food programs, including the Ohio Direction Card / EBT (formerly known as food stamps) and the Ohio EBT Farmers' Market Program.
St. Lawrence Haven	200 S. Fifth St. Columbus, OH 43215 (COTA #11)	Free daily meal. Hours: Monday-Friday 1pm-3pm
Stowe Mission of Central Ohio	888 Parsons Ave. Columbus, OH 43206 (COTA #4 or #8)	To-go style every weekday hot lunch. Hours: Monday-Friday 11am-12:30pm
Shiloh Baptist Church	720 Mt. Vernon Ave. Columbus, OH 43203 (COTA #7 or #9)	Offers weekly free meals to anyone. Hours: 11:30am-12:30pm

AGENCY

CONTACT

DETAILS

First English Lutheran

1015 E. Main St.
Columbus, OH 43205
(COTA #2)

Free meal to go meals Thursday and Sunday.
Hours: Thursdays at 6pm-7pm
Sundays 9:30am-10:15am.

All Peoples Fresh Market

945 Parsons Ave.
Columbus, OH 43206
(COTA #6)

Fresh Produce and Shelf Stable Food Items.
Hours: Tuesday-Fridays 11am-5pm;
Saturdays 9am-1pm

*Take ID or proof of residence

St. Stephens Community House

1500 E. 17th Ave.
Columbus, OH 43219
(COTA CMAX)

Monday, Wednesday & Friday noon-6pm;
Tuesday and Thursday 3pm-6pm.

*No documentation required.

Victory Ministries

3964 E. Main St.
Whitehall, OH 43213
(COTA #2)

Victory Ministries Choice Food Pantry provides our neighbors dignity and choice while encouraging a healthy diet that includes a variety of foods. In addition to our non-perishable food staples, our pantry offers fresh produce, dairy and frozen meat.

Eligible neighbors may shop once per month. Seniors (60+) may be eligible to participate in an additional supplemental food program.

Shopping at the Choice Food Pantry is by appointment only Tuesday through Friday from 12pm-3pm.

To schedule an appointment call 614-252-7996.

Heart to Heart Food Pantry (First Community Church)

1320 Cambridge Blvd.
Columbus, OH 43212
(COTA #5 or #13)

Hours: Tuesday and Thursday 8:30am-1pm.

*Take ID-Once a month only

YMCA in Collaboration with Mid Ohio Foodbank

2879 Valleyview Dr.
Columbus, OH 43204
(614) 276-8224

ymcacolumbus.org/hilltop

Hilltop YMCA is working with Mid-Ohio Foodbank to offer produce distribution.

*Valid photo ID required

Go, eat your food
with gladness,
and drink your wine
with a joyful heart,
for God has already
approved what you do.

– Ecclesiastes 9:7

SECTION 9 Healthcare Resources

AGENCY	CONTACT	DETAILS
Eligible for Medicaid?	(844) 640-6446 www.benefitsohio.gov	Call the hotline to check if you're eligible to receive benefits, or go online to check eligibility or renew your benefits.
Charitable Pharmacy of Central Ohio	200 E. Livingston Ave. Columbus, OH 43215 Call for appointments: (614) 227-0301 www.charitablepharmacy.org	Pharmacy services and medicines for those who cannot afford them. Counseling on proper medication usage Health screenings Health and wellness education Social program assistance We are the only pharmacy in Franklin County that provides pharmacy services to patients at no charge and qualifies patients for up to 12 months at a time. This continuity of care is especially important for patients with multiple clinical conditions that require ongoing medication and services.
Children with Mental Handicaps (CMH)	P.O. Box 1603. Columbus, OH 43216 (614) 466-1700 Toll free (parents only): (800) 755-4769 or (800) 750-0750 TTY odh.ohio.gov/wps/portal/gov/odh/know-our-programs/children-with-medical-handicaps/resources/CMHBanner2	Links families of children with special health care needs to CMH-providers and helps families pay for the services the child needs up to age 21 years old. Visit the website to see what conditions are eligible for CMH and locate CMH providers by county.
Columbus Public Health (CPH) Resource List	https://cap4kids.org/columbus/963897770-2/	Provides a detailed listing of free and low cost health care clinics, vision and dental care; and a listing of free and low cost prescriptions, including local pharmacy programs, discount cards and more. Languages available: English, Spanish, Somali.

AGENCY	CONTACT	DETAILS
Columbus Public Health Immunization Clinic	240 Parsons Ave. Columbus, OH 43215 600 High St. Worthington, OH 43085 (614) 645-7945 columbus.gov/publichealth/programs/immunization-program	Provides walk-in immunizations for children and teens 18 years old and younger at a minimal cost. Many insurances are accepted as well. No child is denied if not able to pay. Go online for a complete schedule of hours and printable handouts.
Dental OPTIONS	246 N. High St. Columbus, OH 43215 (888) 765-6789 oda.org/community-involvement/dental-options	Help people who have a low income and/or special health care needs get dental care who do not have Medicaid or dental insurance. Eligible patients are matched with volunteer OPTIONS dentists who have agreed to provide dental care for lower fees.
Disability Benefits & Supplemental Security Income (SSI)	(800) 772-1213 or (800) 325-0778 TTY ssa.gov/disabilityssi	People with long-term disabling conditions may apply for SSI. Children can qualify if they have a physical or mental condition that seriously limits their activities, and if their family has a limited income. Generally, a child may receive benefits as well if they are the child of a SSI beneficiary who is disabled or deceased. The benefits pay for many services, including doctor and hospital visits.
Franklin County Public Health (FCPH) Immunization Clinic	280 E. Broad St. Columbus, OH 43215 (614) 525-3719 myfcph.org/shots	Offers vaccine clinics and information on vaccines for children and adults. Vaccines are available at a low cost (or sliding fee scale) for children, and no one will be turned away due to an inability to pay. Visit the website for their clinic schedule and list of clinics that offer travel vaccines. Appointments are required.
Hospital Care Assurance Program (HCAP)	700 Children's Drive Columbus, OH 43205 (614) 722-2055 nationwidechildrens.org/financial-assistance	Provides medical care to people with incomes at or below the poverty level or on disability medical assistance. Applicants must be residents of Ohio but do not need to be U.S. citizens, and applicants must not be eligible for Medicaid. Information about these programs can be obtained from Columbus area hospital's financial assistance department. Visit the website to find more financial assistance programs for those served at Nationwide Children's Hospital.

AGENCY	CONTACT	DETAILS
Immunization Coalition of Central Ohio	www.vaccineforme.org	Their website has a schedule of central Ohio clinics where adults can get free and low cost vaccines, including flu vaccines and travel vaccines.
Cap4Kids	https://cap4kids.org/columbus/health-care-insurance/	For more information regarding healthcare information, services provided and prescriptions for children and families, see link for more resources.
Lower Lights Christian Health Center	1160 W. Broad St. Columbus, OH 43222 (614) 274-1455	A patient-centered medical center committed to delivering high-quality, affordable health care services to all no matter the income or insurance status.
Franklin County Public Health (FCPH) Immunization Clinic	280 E. Broad St. Columbus, OH 43215 (614) 525-3719 myfcph.org/shots	Offers vaccine clinics and information on vaccines for children and adults. Vaccines are available at a low cost (or sliding fee scale) for children, and no one will be turned away due to an inability to pay. Visit the website for their clinic schedule and list of clinics that offer travel vaccines. Appointments are required.
ScriptDrop	(614) 641-0648 https://scriptdrop.co/	Text DELIVER to 727478 to have prescriptions delivered from any pharmacy for an \$8 delivery fee. Requests placed before 11am can be delivered the same day after 2pm.
HilltopUSA	https://hilltopusa.org/covid-19/	Service Description: Website with general information about resources and community response to COVID-19.
Primary One (Med Clinic Location)	(614) 859-1851	All locations for testing only - Call for TeleMed Service.
Physicians Care Connection	240 Parsons Ave. 2nd Floor Columbus, OH 43215 (614)884-2441 www.pcchealth.org/home	Physicians Care Connection (PCC) specializes in health and related social needs that directly influence the quality of life for people who are vulnerable. By providing patient-centered care coordination, our goal is to make connections to resources for people so they can improve their lives. Clinics are on Monday nights at the Columbus Public Health Department on 240 Parsons Avenue.

AGENCY	CONTACT	DETAILS
SolutionReach TeleHealth	https://www.solutionreach.com	Telehealth is more than a virtual visit. It encompasses the entire patient journey: scheduling, reminders, pre-visit screening, intake, the appointment, follow-up, and more.
Face Cover Ordering- Department of Health & Human Services	To apply for face coverings: https://asprwgpublic.hhs.gov/aspc/facecover/pages/default.aspx	HHS and FEMA have efforts to make face coverings widely available in order to limit the spread of COVID-19. The face coverings, produced and delivered in partnership with USPS and the National Council of Textile Organizations, are being made available to community-based organizations at no cost and while supplies last. Face covering come in cartons of 500 per carton. Minimum order is one carton. Larger orders may be expedited more quickly.



SECTION 10

Housing Resources

AGENCY

Crosspoint Apartment

CONTACT

3520 Red Hook Crossing
Columbus, OH 43219
(833) 750-8912

www.livecrosspoint.com

DETAILS

Hours: Monday - Friday 10am - 6pm

Community Properties of Ohio

910 E. Broad St.
Columbus, OH 43205
(614) 253-0984

www.cpoms.org

Hours:

Monday, Thursday, Friday: 8am - 5pm

Tuesday, Wednesday: 8am - 7pm

US Housing and Urban Development

200 N. High St.
Columbus, OH 43215
(614) 469-5737

<https://www.hud.gov/>

Hours: Monday - Friday 8am - 4:30pm

Columbus Metropolitan Housing Authority

880 E. 11th Ave.
Columbus, OH 43211
(614) 421-6000

www.cmhanet.com

Hours: Monday - Friday 8am - 4:30pm

Sawyer Manor

940 Caldwell Pl.
Columbus, OH 43203
(614) 421-6495

www.cpoms.org

Hours: Monday - Friday 9am - 5pm

Emerald Glen Apartments

930 Regentshire Dr.
Columbus, OH 43228
(614) 851-1225

www.cpoms.org

Hours: Monday - Friday 9am - 5pm

AGENCY

Marsh Run Apartments

CONTACT

12393 Canal Bay Way
Columbus, OH 43232
(614) 367-1717

www.cpoms.org

DETAILS

Hours: Monday - Friday 9am - 5pm

Community Housing Network (CHN)

1620 Watermark Dr.
Columbus, OH 43215
(614) 487-6700

www.chninc.org

Develops and manages affordable, permanent housing for people challenged by mental health conditions, substance abuse and chronic homelessness, in various stages of recovery.

Columbus Urban League

<https://www.cul.org>

Funds available for rental assistance. No income eligibility guidelines.



SECTION 11

Internet & Communication

AGENCY

AT&T Lifeline Services

CONTACT

Call to request a paper application: **1-855-301-0355**

DETAILS

Lifeline is a federal program that lowers the monthly cost of phone and internet for qualifying customers. Eligible customers will get at least a \$7.25 discount on their phone bill or a discount of \$9.25 on their internet bill. You can get one lifeline discount (phone or internet, but not both) per household, not per person, and a household can get a lifeline discount from only one provider.

AT&T Access

Applications online: <https://www.att.com/shop/internet/access/index.html?source=ECmj0000000000mbU&wtExtndSource=access#!//#%2F>

\$5/mo or \$10/mo, depending on speed. Eligibility has been expanded based on income and to households participating in National School Lunch Program/ Head Start. AT&T is also waiving all home internet data overage fees. No annual commitment, no deposit, free install, free in-home wi-fi.

CenturyLink's Lifeline Service

Online application: www.CheckLifeline.org

Paper English Application: https://www.centurylink.com/asset/aboutus/downloads/community/lifeline/National_Verifier_English.pdf

Paper Spanish Application: https://www.centurylink.com/asset/aboutus/downloads/community/lifeline/National_Verifier_Spanish.pdf

Provides access to voice, emergency and operator services, directory assistance and toll limitation for qualifying low-income consumers. Unlimited local usage within CenturyLink's defined local calling areas is provided as part of the plan. Additional charges may apply for expanded local calling options. Long-distance charges may apply. Customers can also apply to their qualifying broadband that meets the Lifeline requirements. Only one Lifeline discount is allowed per household. Lifeline provides up to \$9.25 on monthly service for qualified subscribers. Qualifying customers must have household income at or below 135% of the Federal Poverty Guidelines or participate in one of the following programs: Federal Public Assistance, Food Stamps, Medicaid, Supplemental Security Income, Veterans and Survivors Pension Benefits.

AGENCY

Comcast Internet Essentials

CONTACT

See website for services offered in your area and to apply:

<https://apply.internetessentials.com/>

DETAILS

A low cost home internet package for qualifying individuals and household is available for free for the first two months. Households with outstanding debt owed to Comcast may be eligible for internet essentials. Comcast is waiving this qualification if you are approved.

Assurance Wireless

See website for services offered in your area and to apply:

<https://www.assurancewireless.com/lifeline-services/how-qualify>

Offering free monthly data, unlimited monthly texts, free monthly minutes, plus a free Android Smartphone. Applicants must be 135% below the federal poverty level. Enrollment available for seniors and individuals who qualify based on federal or state-specific eligibility criteria.

Central Ohio Restored Citizens Collaborative

(614) 733-4348

Case manager will Assist in Enrollment with Q-Link or Safelink Wireless programs. Must be eligible for SNAP, Medicaid or SSI. Award letter for benefits may be used for enrollment.

Innovate Ohio

(614) 733-4348

Through BroadbandOhio – the state's office dedicated to improving access to high-speed internet – we have been working with providers to find public hotspot locations that Ohioans can use in areas where they may not otherwise have access to internet from home.

Providers not currently listed that are offering public wi-fi hotspots are encouraged to email together@governor.ohio.gov with contact information and a representative from BroadbandOhio will follow-up.



Instructions for Accessing Mobile Hotspots By Device Manufacturer

Apple: Settings > Personal Hotspot

Samsung: Settings > Connections > Mobile Hotspot and Tethering > Mobile Hotspot

LG: Settings > Network & internet > Tethering > Wi-Fi Hotspot

Google: Settings > Network & internet > Hotspot & Tethering > Wi-Fi Hotspot

HTC: Settings > More > Hotspot & Tethering > Portable Wi-Fi hotspot

OnePlus: Settings > Wi-Fi and Internet > Hotspot & Tethering > Wi-Fi Hotspot

Instructions for Setting Up Wi-Fi Calling By Device Manufacturer

Apple: Settings > Cellular > Wi-Fi Calling > Wi-Fi Calling on this iPhone

Google: Settings > Network & internet > Mobile network > Advanced > Wi-Fi Calling.

HTC: Settings > Wi-Fi Calling

LG: Settings > Network & internet > Voice networks > Wi-Fi Calling

OnePlus: Settings > Wi-Fi and Internet > Wi-Fi Calling

Samsung: Settings > Connections > Wi-Fi Calling

Let no corrupting talk
come out of your mouths,
but only such as is good
for building up,
as fits the occasion,
that it may give grace
to those who hear.

– Ephesians 4:29



SECTION 12

Legal Resources

AGENCY	CONTACT	DETAILS
Andrew House	39 W. Winter St. Delaware, OH 43015 www.andrewshouse.org Intake/Registration: 3rd Tuesday of every month, 5pm-6pm	The Legal Clinic helps people whose income is at or below 250% of the Federal Poverty Guidelines. You must arrive before 6pm to speak with an attorney. It is a walk-in only clinic. Intake will determine your eligibility and help match you with someone who can best answer the questions you have.
Fairfield County Pro Bono Legal Clinic	131 N. High St. Lancaster, OH 43130 (740) 687-0500 www.fairfieldcountybar.org	Gives free legal advice to individuals who cannot afford an attorney. Services are provided on a first-come/first-served basis. See website for more details.
The Legal Aid Society of Columbus (LASC)	Contact Tracy Virgin (740) 687-0500 tvirgin@columbuslegalaid.org	The Legal Aid Society of Columbus (LASC) assists low income individuals in Columbus and Central Ohio with navigating legal issues. Individuals seeking representation or legal advice are encouraged to contact the LASC Intake Department at 614-241-2001 or complete an application: Online Intake (oslsa.org)
Family & Youth Law Center (FYLaw)	303 E. Broad St. Columbus, OH 43215 (614)236-6730 fylawhelp.org	Works within child welfare, adoption, and juvenile justice systems to support positive outcomes for children, youth, and families. They offer direct representation of system-involved youth, advocacy, training, and education.
Franklin County Court of Common Pleas Division of Domestic Relations & Juvenile Branch	373 S. High St. Columbus, OH 43215 (614)525-3628	Handles all domestic relations matters, including protection for victims of domestic violence. Services include mediation services, Civil Protection Orders (CPO's) / Juvenile Protection Orders (JPO's), interpreters, Self Represented Resource Center (SRRC) for those who do not have the financial resources to retain private counsel and more. Their youth education and intervention programs work to divert delinquent youth from going further into the Juvenile Justice System through prevention, intervention and treatment services. Services are provided for free.

AGENCY	CONTACT	DETAILS
Franklin County Prosecutor's Office Victim Witness Assistance Unit	373 S. High St. Columbus, OH 43215 (614) 525-4440 prosecutor.franklincountyohio.gov/juvenile-division	Provides information to victims and witnesses about the procedures of the criminal justice system. The Juvenile Division helps victims in cases where the offender is a parent or caretaker. See website for more information.
Interfaith Legal Clinics	https://www.cbalaw.org/cba_prod/Main/Resources/Public/Pro-Bono.aspx	Local attorneys answer legal questions free of charge. See link for locations and times.
Ohio Crime Victim Justice Center	P.O. Box 369 Powell, OH 43065 (614) 848-8500 ocvjc.org	Free legal representation to state and federal victims of crime throughout Ohio to ensure their constitutional and statutory rights are enforced and protected from the time a crime is first reported throughout the criminal justice process. They also offer Free Victims' Rights Training to promote awareness of crime victims' rights laws and to ensure consistent systemic implementation of crime victims' rights laws.
Southeastern Ohio Legal Services (SEOLS)	P.O. Box 369 Powell, OH 43065 (614) 848-8500 ocvjc.org	Gives free legal help to low-income people throughout 30 counties in southeastern Ohio. They handle public benefits, housing, unemployment compensation, family issues, education, employment, health and other matters. See website for details on different address/phone numbers of locations.
Capital University Legal Clinic	303 E. Broad St. Columbus, OH 43215 (614) 236-6245 https://law.capital.edu/legal_clinic/	Capital University Law School's Legal Clinic provides no-cost legal services to a variety of individuals who would otherwise be unable to afford legal representation.



SECTION 13

Mental Health & Substance Abuse

AGENCY	CONTACT	DETAILS
Netcare Corporation Psychiatrist	3801 Sullivant Ave. Columbus, OH 43204 (614) 276-2273	24/7 mental health and substance abuse crisis assessment for psychiatric emergency services, suicide prevention and evaluation.
Maryhaven Treatment Center	1791 Alum Creek Dr. Columbus, OH 43207 (614) 445-8131	Hours of Operation: Open 24/7
ADAMH Alcohol, Drug and Mental Health Board of Franklin County	447 E. Broad St. Columbus, OH 43215 (614) 224-1057	Hours of Operation: Monday - Friday 8am - 5pm
Sun Behavioral Columbus	900 Dublin-Granville Rd. Columbus, OH 43229 (614) 706-2786	Partner with hospitals, doctors, schools and social service agencies to solve the unmet behavioral health needs. Hours of Operation: Open 24/7
Ohio Hospital for Psychiatry	880 Greenlawn Ave. Columbus, OH 43223 (800) 568-9040	Hours of Operation: Open 24/7
The Woods at Parkside	349 Ole Ridenour Rd. Gahanna, OH 43230 (614) 471-3644	The Woods at Parkside successfully treats substance abuse and co-occurring mental health disorders using a multi-faceted approach.
Amethyst/Alvis	2100 Stella Court Columbus, OH 43215 (614) 242-1248	Amethyst has had a life-changing impact on one of Central Ohio's most underserved populations: women in substance abuse recovery and their family.
Columbus Springs	2085 Citygate Dr. Columbus, OH 43219 (614) 490-0039	Inpatient /Outpatient Programs for adults facing mental health and/or addiction issues.

AGENCY	CONTACT	DETAILS
Twin Valley Behavioral Health Hospital	2200 W. Broad St. Columbus, OH 43215 (614) 752-0333	Hours of Operation: Open 24/7
North Central Mental Health Services	1301 N. High St. Columbus, OH 43201 (614) 299-6600	North Central Mental Health Services is a comprehensive, community-based mental health and recovery agency. We serve all age groups from young children to older adults and treat children, adults and families.
Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov	Managing stress, new and existing mental health needs, and COVID-19 updates.
Substance Abuse and Mental Health Services Administration (SAMHSA)	(800) 985-599 or text: 66746	
PEER Center Warm Line	(614) 358-TALK (8255)	Available 10pm - 2am for non-crisis support.
Online Support Groups and Discussion Boards	https://www.inspire.com/groups/mental-health-america/	
Nationwide Children's Hospital Behavioral Health Tips	https://www.nationwidechildrens.org/giving/on-our-sleeves/find-help/tools-for-you/	Resources for parents on how to help their child cope with COVID. Technology screen time resources, routines for young children and conversation starters. .
ODH Coping Resources for Adults	https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home/resources/resources-for-adults-coping-with-the-covid-19-pandemic	
Safe Stations Addiction Screening and Treatment Transport	(614) 237-5478	

AGENCY	CONTACT	DETAILS
Alcoholics Anonymous (AA)	(614) 252-1700 https://www.aa-intergroup.org/	Hosted by Compassionate Communication Center of Ohio. A free space to talk to others and listen. Hours of Operation: Monday, Wednesday, Friday - 12pm-1pm
St. Vincent Warm Line	(614) 358-6400	
National Disaster Distress Hotline	(800) 985-5990 or text 66746	
National Suicide Prevention Hotline	(800) 273-8255	The Lifeline provides 24/7, free and confidential support for people in distress, as well as prevention and crisis resources for you or your loved ones, and best practices for professionals.
988 - National Mental Health Crisis Hotline	988	Modeled after 911, the new three-digit 988 Suicide & Crisis Lifeline is designed to be a memorable and quick number that connects people who are suicidal or in any other mental health crisis to trained mental health professionals.
COVID CareLine	(800) 720-9616	A toll-free number and emotional support call service created by the Ohio Department of Mental Health and Addiction Services. Behavioral health professionals staff the CareLine 8am-8pm, 7 days a week. They offer confidential support in times of personal crisis when individuals may be struggling to cope with current challenges in their lives. Calls received after 8pm will be forwarded to the National Suicide Prevention Helpline.
Equitas Health Safe Point	1267 W. Broad St. Columbus, OH 43222 (COTA #9 or #10)	Anonymous Needle Exchange Program Hours of Operation: 9am - 1pm Friday and Saturday 4pm - 8pm Tuesday and Wednesday
Maryhaven Addiction Stabilization Center	1430 S. High St. Columbus, OH 43207 (COTA #8) (614) 445-8131	Walk-in detox, treatment assessment and referral.

AGENCY	CONTACT	DETAILS
Trauma Informed Family Engagement Webinars - Hopewell Health Centers Inc.	To register, please contact: carmen.wigal@hopewellhealth.org	Participants will identify the six guiding principles to trauma informed care, the importance of family engagement as well as strategies for the implementation of trauma informed family engagement practices. Participants will also identify the positive impact trauma informed family engagement has on families, children and communities. 50 participants per day. Trainings are provided online in an interactive webinar on "Go To Meeting" for free!

Crisis Text Line	Text: HOME to 741-741	
The National Domestic Violence Hotline	(800) 799-7233	Highly trained advocates are available 24/7/365 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.



SECTION 14

Miscellaneous Resources

AGENCY

CONTACT

DETAILS

Pet Finder Foundation

www.petfinder.com/search/dogs-for-adoption/us/ohio/

The Petfinder Foundation supports shelters and rescue groups that post their adoptable pets on Petfinder.com. Their mission is to prevent the euthanasia of adoptable pets. This foundation provides cash and product grants so that homeless pets can be physically and mentally healthy and, ultimately find loving forever homes.

RedRover Relief Emergency Boarding Grants

To apply: www.redrover.org/relief/emergency-boarding-grants/

Financial assistance for pet boarding while pet owners are ill and unable to care for their pets due to the COVID-19 virus.

Pedigree Foundation

pedigreefoundation.org

Now providing disaster relief grants to non-profit animal welfare organizations impacted by natural disasters. Grants to be awarded in April/May, for non profit animal organizations in need of unrestricted funding, up to \$2500, due to COVID-19 impact.

Ohio Animal Advocates

www.ohioanimaladvocates.org

Ohio Pet Food Pantry List (by County)

Columbus Humane Society

Call **614-777-7387** and leave a voicemail for a staff member to return your call.

You can also email us at questions@columbushumane.org.

Columbus Humane is open for adoptions through remote counseling sessions, as the shelter is still closed to the public. Our website is updated in real-time with animals we have available. If you are interested in adoption, follow the link to a Sign Up Genius form to schedule a counseling session. An adoption counselor will call you from an unknown number for your scheduled session. On the call, we will share information about the animal's health and behavior and decide together if the animal is a fit for your home and lifestyle. If you are interested in moving forward with adoption, the counselor will schedule your meet-and-greet/go-home appointment at the end of the session.

National Association of Social Workers

View resources at www.socialworkers.org/Practice/Infectious-Diseases/Coronavirus/Self-Care-During-the-Coronavirus-Pandemic

Free activities that can bring some beauty and joy into your day as part of your self-care practice.

**And to all the beasts of the earth
and all the birds in the sky
and all the creatures
that move along the ground
— everything that has
the breath of life in it —
I give every green plant for food.”
And it was so.**

– Genesis 1:30

SECTION 15

Pregnancy Resources

AGENCY	CONTACT	DETAILS
Moms2Be	921 Chatham Lane Suite 108 Columbus, OH 43221	Targeting Central Ohio zip codes with the highest infant mortality rates, Moms2Be provides weekly education and support sessions to high-risk pregnant women to promote healthier lifestyle choices and link them with social support resources.
Baby & Me Tobacco Free	240 Parsons Ave. Columbus, OH 43215 (614) 645-2135 columbus.gov/publichealth/programs/Womens-Health-Family-Planning/Baby-and-Me-Tobacco-Free	Free program to assist pregnant women with quitting smoking. Women who take part in the program go to four prenatal quit smoking sessions, take a monthly breath test and then get a voucher for free diapers up to 12 months.
Baby Crib Resources	cap4kids.org/columbus/pregnancy-resources-and-infants/	See link for agencies that offer assistance with cribs and should be contacted directly for further details. Please remember to research consumer information about any piece of furniture to ensure the item has not been placed on any product recall list.
BOLD Beginning!	boldbeginning.ohio.gov	Anyone with young children in their life can use this website to learn about Ohio's state early childhood programs, resources and agencies. There is helpful information about developmental milestones, screenings, emotional wellness tips, healthy pregnancy and more.
Catholic Social Services	Columbus: 197 E Gay St. 43215 (614) 221-5891 West Columbus: 409 Industry Dr. 43204 (614) 340-7061 Newark: 1031 Brice St. 43055 (740)345-2562 Zanesville: 422 Main St. 43702 (740) 452-5057 Portsmouth: 2311 Stockham Ln. 45662 (740) 353-3185 colscss.org	A faith-based organization that provides family support services to help families thrive. Their services and programs include case management, emergency assistance, and transitional housing for individuals. Their community center, Our Lady of Guadalupe Center, provides support to the Hispanic community in Central Ohio through food and emergency assistance, nutrition and English classes, and health, employment and legal referrals.

AGENCY	CONTACT	DETAILS
Celebrate One / Step One	1111 E. Broad St. Columbus, OH 43205 (614) 645-1717 healthcare-access-columbus.opendata.arcgis.comcolumbus.gov/Celebrate-One/Celebrate-One-homepage	Provides information, resources and support for pregnant / parenting women and teens. StepOne helps connect women with affordable, timely and convenient prenatal care, and resources like food and housing for a healthy pregnancy. Call, or send a message online for help with setting up the first prenatal visit and refer to other resources.
Center for Healthy Teen Families	500 S. Front St. Columbus, OH 43215 (614) 884-4200 centerforhealthyfamilies.org	Pregnant teens in Franklin County or teens who are parents, can call to get the help they need, including health care, parenting help, housing, education, child care and employment assistance, based on the individual needs of each teen. Services are by appointment only.
Central Ohio Rescue & Restore Coalition (CORRC)	966 E. Main St. Columbus, OH 43215 National Human Trafficking Hotline: (888) 373-7888 or text INFO or HELP to 233733 or (614) 285-4357 swo.salvationarmy.org/rescueandrestore	Assist victims of human trafficking, this coalition of community agencies provides information and resources through their 24-hour hotline. They provide free workshops and training on human trafficking. The Coalition's work is focused in four areas: public awareness, social services, law enforcement and legislation.
CHLOE (Community, Health, Life Skills, Opportunities & Education)	Whitehall Church of the Nazarene 739 S. Yearling Rd. Columbus, OH 43213 (614) 447-1426 chloeinc.org	Provides mentoring and education services to pregnant and teen moms in Franklin County. Some of the classes they offer include: shaken baby prevention presentation, pregnancy and child birth education. They also provide childcare, study help and have a mini boutique, stocked with infant and toddler clothing, diapers, blankets, bedding, small equipment and other necessities needed to care for little ones.
Hands-On Central Ohio	1105 E. Schrock Rd. Columbus, OH 43229 (614) 221-6766 handsoncentralohio.org	This comprehensive information and referral service connects those in need with thousands of social service, government and community resources. They help find a solution to any need. Free and confidential, available throughout Franklin County 24 hours a day, 7 days a week.
CAP4Kids	https://cap4kids.org/columbus/pregnancy-resources-and-infants/	See link for agencies and programs to assist with services/resources related to pregnancy.

AGENCY

My Baby & Me Program

CONTACT

By appointment only:
(614) 724-BABY (2229)

health@columbus.gov

DETAILS

A home visiting program for pregnant women, parenting women, and their infants up to 2 years old, who live in Franklin County, Ohio.

Our team includes nurses, outreach workers and social workers.

Maternity Resource Center

417 Palmetto St.
Columbus, OH 43204
(Entrance near Flagpole
at corner of building.)

(614) 272-7038

Provides Free: Maternity Clothes, Baby and toddler clothes up to 6X, disposable diapers and wipes, baby furniture and equipment (car seats are not available) Friendly counsel and information on other agencies that help meet family needs.

Women's Care Center

877-908-2341

counselor@womenscarecenter.org

www.womenscarecenter.org

Women's Care Center provides free, confidential counseling, support and education for pregnant women. Free pregnancy testing and ultrasounds help determine viability and dates (prenatal medical care and abortions not provided).

Mommies Matter

[www.mommiesmatter.org/
get-support-1](http://www.mommiesmatter.org/get-support-1)

Mommies Matter is a support program for single moms who are pregnant or have an infant 6 months of age or younger. Mommies Matter offers extensive support services alongside local pregnancy centers in Columbus, Ohio.



SECTION 16

Rent & Utilities Resources

AGENCY	CONTACT	DETAILS
AEP (American Electric Power)	(800) 277-2177 https://aep.com	We can provide flexible payment plans to disadvantaged customers. If a customer is having trouble paying their bill, they should contact us by phone or through Facebook or Twitter to discuss payment arrangements.
Columbia Gas of Ohio	(800) 344-4077 https://www.columbiagasohio.com	Services are available for those who cannot pay, or have trouble paying their utility bill. Call for information. Hours of Operation: 7am – 7pm Monday through Friday 8am – Noon on Saturdays
Breathing Association	1520 Old Henderson Rd. Columbus, OH 43220 (614) 457-4570 www.breathingassociation.org	Breathing association has expanded its outreach services to include assistance at neighborhood locations as well as home visits for the medical homebound. Check website for eligibility.
Ohio Development Services	77 S. High St. #27 Columbus, OH 43215 (800) 848-1300 https://development.ohio.gov/contactus	HEAP- Home Energy Assistance Program. Must contact via web.
Salvation Army	966 E. Main St. Columbus, OH 43205 (614) 221-6556	Call to make an appointment to receive services regarding rent & utilities.
Broad Street Presbyterian Church (COMPASS)	760 E. Broad St. Columbus, OH 43205 (614) 221-6561 https://shortcompass.questionpro.com	Emergency assistance provided by appointment only. You can also contact for services: (614) 463-9612 or request assistance online.

AGENCY	CONTACT	DETAILS
Gladden Community House	183 Hawkes Ave. Columbus, OH 43223 (614) 227-1600	Emergency financial assistance. Helping Franklinton families with rent and utilities. Contact and make an appointment for services.
J.O.I.N. Organization	578 E. Main St. Columbus, OH 43223 (614) 241-2530	J.O.I.N. provides material needs for low income families in Franklin County and functions under Catholic Charities of the Catholic Diocese of Columbus. Call Monday thru Friday 10-11:30am and 1-2pm to make an appointment.
AEP Ohio/ Dollar Energy Fund Neighbor-to-Neighbor Program	(800) 683-7036	Provides help for electric bills to people in Ohio with low income who have tried all other resources(HEAP/PIPP). To qualify, households must have a disconnected electric service.
Franklin County Department of Job and Family Services- PRC Program	Email applications to: franklin-cdjfs-agencyprc@jfs.ohio.gov	PRC provides financial assistance, up to \$1,500 one-time per year, to households with children (specifically, 1 minor under 18 or woman in 3rd trimester) to avoid an eviction. Because of COVID -19, applications can be accessed online and submitted via email. Subject line: Eviction PRC; Customer Last Name. Body of email- Please include all of the following information: Full name (first and last name), Any additional information that you feel will be pertinent to us processing the application. .



AGENCY

HUD Resources for Renters

CONTACT

To speak with a housing counselor at our Disaster Response Network, call: **(877) 542-9723**

<https://www.hud.gov>

DETAILS

Renters living in a HUD Multifamily Assisted or FHA-insured property are covered by a temporary eviction moratorium.

The best option for renters during the eviction moratorium is to pay their rent, if they are able. Those experiencing financial hardship should reach out to their landlord to discuss their situation and potential solutions.

For renters experiencing financial challenges from COVID-19, a natural disaster, or other difficulties, the Disaster Response Network's HUD-approved housing counselors may be able to help with:

- A personalized recovery assessment and action plan.
- FEMA and insurance claims.
- Federal and state housing assistance.
- Unemployment, nutritional assistance, and any other available benefits.
- Non-legal support in communicating with landlords.
- Ongoing check-ins to help ensure a successful recovery.

To help renters determine if they are renting in a HUD Multifamily assisted or FHA-insured multifamily property, HUD has property data available online.

- HUD's database of Multifamily Assisted properties
- HUD's database of FHA-insured Multifamily properties

If your building or property is located on one of HUD's database maps, you have free access to our Disaster Response Network.

Home Relief Grant

If you have additional questions, please send us a message at: EnergyHelp@Development.Ohio.Gov or call **(800) 282-0880**.

Ohio's Community Action Agencies work with the Ohio Development Services Agency to provide assistance to Ohioans in need.

To apply for mortgage, rent, and/or utility bill assistance including gas, electric, bulk fuel, water/sewer and trash, contact the Community Action Agency that serves your county.

To find the closest agency go to: <https://oacaa.org/agency-directory/>

Buckeye Community Connect

To search for local programs, enter your zip code by following the link: EnergyHelp@Development.Ohio.Gov

Please note that by clicking this link, you will be taken to a new Web page not hosted by Buckeye.

A go-to resource for local services and resources that meet our members' needs. Search for community-based organizations that can help with food, housing, transportation, jobs and more!

Buckeye Community Connect can also connect members with our network of thousands of community partners throughout the state who can provide additional resources and support.

AGENCY

Percentage of Income Payment Plan Plus (PIPP)

CONTACT

To be directed to your local PIPP provider, call: **(800) 282-0880**

For the hearing impaired, dial 711

DETAILS

The Percentage of Income Payment Plan (PIPP) helps eligible Ohioans manage their energy bills year-round. Payments are based on a percentage of household income and are consistent year-round.

If your home is heated with gas, you will have a monthly payment of 6% of your household income for your natural gas bill, and 6% of your household income for your electric bill. If you heat with electric, your monthly payment is 10% of your household income. The balance of your utility bill is subsidized by the state of Ohio. There is a minimum monthly payment of \$10.00.

Home Energy Assistance Program (HEAP)

To be directed to your local HEAP provider, call: **(800) 282-0880**

For the hearing impaired, dial 711.

To apply online: energyhelp.ohio.gov

The Home Energy Assistance Program (HEAP) is a federally funded program that provides eligible Ohioans assistance with their home energy bills. This one-time benefit is applied directly to the customer's utility bill or bulk fuel bill.

Who is eligible for HEAP?

Ohioans with a household income at or below 175 percent of the federal poverty guidelines are eligible for the program.



SECTION 17

Senior Citizens Resources

AGENCY

CONTACT

DETAILS

Franklin County Senior Options (614) 525-6200

Minor Home Repair Program:

Offering minor plumbing, electrical gas and furnace repairs, smoke alarms, handrails and grab bars in bathroom, concrete repair to main access walks and steps, wheelchair and walker ramps, broken window repairs. To be considered, work must be necessary for a safe, secure living environment. Repairs that are purely cosmetic in nature will not be considered. Work is done by qualified licensed, bonded and insured contractors.

Helps residents of Franklin County, Ohio age 60 and older maintain their independence. It also supports family members with the often overwhelming task of caring for a frail older parent, family member, or friend with limited disabilities.

Services offered: Home-Delivered meals, homemaker services, personal care, respite care, adult day care, emergency response systems.

Friendly Phone Bank (614) 993-3614

Intended to combat loneliness during this unprecedented time of social distancing. These calls are NOT intended to take a space to provide counseling, case management, or health information/recommendations.

Older adults may call Monday-Friday, between 9am-5pm.

Clintonville-Beechwold Community Resource Center 3230 N. High St. Columbus, OH 43202 (614) 268-3539

Older adults in greater Columbus in need of food and supplies can call the Clintonville-Beechwold Community Resource Center.

Delivery is available twice a week and pickup is available Monday -Friday between 9am-5pm.

Boxes will include a rotation of items as availability allows. Potential items include: Census, State COVID-19 hotline and relevant information, a note of encouragement with friendly phone number, file of life, paper towels, soap, toilet paper, disposable thermometer, gloves, shelf-stable food and snacks.

Now also when I
am old and grayheaded,
O God, forsake me not;
until I have shewed
thy strength unto
this generation,
and thy power
to every one
that is to come.

– Psalms 71:18

SECTION 18 Transportation Resources

AGENCY

**COTA
(Central Ohio
Transit Authority)**

CONTACT

(614) 228-1776
For Bus Stops and
Routes:
[https://www.cota.com/
trip-planner](https://www.cota.com/trip-planner)

DETAILS

Bus passes can be purchased at Columbus State's Bookstore's Customer Care Center. Students awarded Financial Aid can use their book allowance funds to purchase COTA bus passes.

CMAX

For Schedule and Top Info:
[https://www.cota.com/
initiatives/cmax-bus-
rapid-transit/](https://www.cota.com/initiatives/cmax-bus-rapid-transit/)

CMAX is a rapid transit line that runs along Cleveland Avenue from Downtown to Polaris and includes stops next to Columbus State. With Limited stops that focuses on faster commutes to and from the Columbus Campus.

COTA ADA Disability Cards

For Schedule and Info:
[https://www.cota.com/
riding-cota/
accessible-services/](https://www.cota.com/riding-cota/accessible-services/)

Key card applications can be completed over the phone instead of an in-person interview.



SECTION 19

Veterans Resources

AGENCY

CONTACT

DETAILS

Ohio Department of Veterans Services

77 S. High St.
Columbus, OH 43215
(614) 644-0898

Hours of Operation:
Monday - Friday 8am-5pm

www.dvs.ohio.gov

Franklin County Veterans Service

280 E. Broad St.
Columbus, OH 43215
(614) 525-2500

Hours of Operation:
Monday, Wednesday, Thursday and Friday
7:30am-4pm
Tuesday 12:30pm-4pm

www.vets.franklincountyohio.gov

VA Central Ohio Health Care System

420 N. James Rd.
Columbus, OH 43219
(614) 257-5200

Hours of Operation:
Monday - Friday 7:30am-6pm
Saturday and Sunday 8am-4pm

Disabled American Veterans

35 E. Chestnut St.
#503
Columbus, OH 43215
(614) 221-3582

Hours of Operation:
Monday - Friday 8am-5pm

**For he is God's servant
for your good.
But if you do wrong,
be afraid, for he does not
bear the sword in vain.
For he is the servant of God,
an avenger who carries out
God's wrath on the wrongdoer.**

– Romans 13:4



Our Mission, Vision & Values

OUR MISSION

Motivated by faith, Catholic Social Services helps poor and vulnerable seniors and families reach their potential.

OUR VISION

Catholic Social Services envisions a world in which all people who are in need are able to meet their potential to live with dignity, hope, and purpose.

OUR VALUES



Impact

We serve in ways that have a lasting effect on our clients and that make our community stronger for everyone.



Courage

We demonstrate the mettle needed to overcome fear, difficulty, hardship, or the status quo while venturing toward a better future.



Compassion

Inspired by a God who identifies with “the least of these,” we enter into places of poverty and pain to respond to the suffering of others.



Excellence

We are a good steward of the trust and resources given to us by holding ourselves to the highest standard of quality, efficiency, and sustainability.




CATHOLIC SOCIAL
SERVICES




 CATHOLIC SOCIAL
 SERVICES

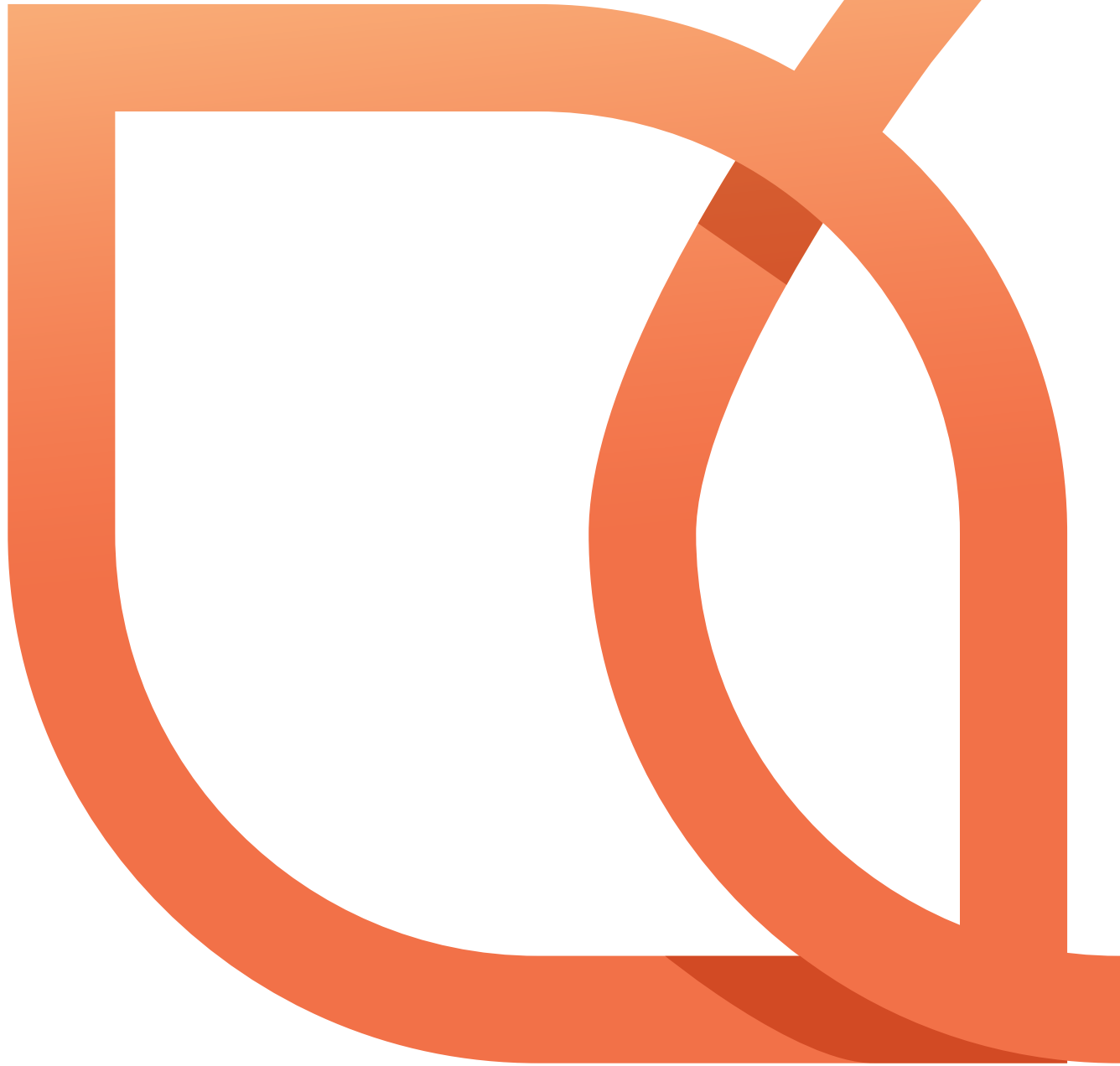
 @colscss
 @colscss
 @colscss

197 E. Gay St. | Columbus, OH 43215
 (614) 221-5891 | colscss.org



**RESOURCE
 GUIDE**

RESOURCE GUIDE



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SERVICES



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